



# The Spa

Beauty Therapy Centre

## Treatment Menu

*Relax and prepare to unwind...*

### **Gisborne**

3/31 Brantome St Gisborne 3437

**5428 8800**

Monday and Tuesday 10.00am – 6.00pm

Wednesday and Thursday 9.00am – 7.30pm

Friday 9.00am – 8.00pm

Saturday 9.00am – 4.00pm

[www.thespa.com.au](http://www.thespa.com.au)



## Spa Packages & Body Treatments

### The Cleopatra Package

Decadent and indulgent...

**\$229**

This package begins with an invigorating exfoliation before your body is cocooned in a luxurious milk & honey body wrap. Allow your mind and body to drift to a complete state of bliss with an indulgent Aroma massage and our Spa Mini Facial.

### Spa Signature

Classic pampering...

**\$169**

Relax and unwind with a full body massage, a soothing scalp and hand massage, a Spa Mini Facial and your choice of an Express Manicure or Express Pedicure.

### The Spa Milk and Honey Wrap

Nourishing and hydrating...

**\$139**

This treatment is a must for essential rehydration for any time of the year. Cocoon your body with this rich & nourishing body wrap and relax with a gentle massage of our hydrating body milk.

### Spa Express

Relax and refresh...

**\$95**

Escape with a classic Relaxation Massage and a refreshing Spa Mini Facial.

### Body Glow

Invigorate and Refresh...

**\$75**

A refreshing full body exfoliation with our "Lemon Myrtle Salt" scrub and enjoy a gentle massage with our hydrating body milk.



## Microdermabrasion

Microdermabrasion will deeply exfoliate and polish the skin to stimulate new cell growth.

Our Micro treatments include Sonophoresis, an ultrasonic technology to infuse active ingredients into the deeper layers of the skin.

**Microdermabrasion (inc. Sono)**

**\$125**

## Medi-Facials

Ultraceuticals is one of Australia's leading cosmeceutical brands; its products and treatments are formulated to address major skin concerns; ageing, pigmentation and acne. Ultraceuticals believes in a simple range of products that deliver immediate and discernible results - clear, firm, glowing, beautiful skin.

Please refer to the specialised Ultraceuticals Treatment Menu.

## Spa Facials

**Intraceuticals Rejuvenate**

**\$125**

See instant results with this hydrating treatment used by Hollywood's elite to smooth fine lines & wrinkles.

**Oxygen Detox**

**\$93**

A relaxing facial to detoxify and oxygenate your skin.

**Spa Mini Facial**

**\$57**

Designed for people who have limited time.

**Complement your Facial with...**

Steam & Extractions

**\$17**

Eye Treatment

**\$19**

## Spa Massages

### Relaxation Massage

Feel the stresses of life ease as you relax and unwind with this classic Relaxation Massage.

30mins for \$45 | 45mins for \$60 | 60mins for \$70

### Aroma Massage

Relax and enjoy this classic Relaxation Massage with an indulgent aromatic balm.

30mins for \$55 | 45mins for \$70 | 60mins for \$80

### Deep Tissue Massage

A specialised massage designed to relieve tension deep inside the muscles.

30mins for \$55 | 45mins for \$70 | 60mins for \$80

### Pregnancy Massage

A gentle soothing massage to nurture & relax the mother to be.

30mins for \$55 | 45mins for \$70 | 60mins for \$80



## Manicures & Pedicures

Express Manicure	\$45
Spa Manicure	\$55
Express Pedicure	\$47
Spa Pedicure	\$65
Nail, Paint & Shape	\$25

### Complement your Manicure or Pedicure with

Cuccio Gel Polish Finish	\$15
French Paint	\$10
Foot Mask	\$10
Hydrating Paraffin Treatment	\$23

## Intense Pulse Light (IPL)

IPL offers a gentle non-invasive treatment for many skin conditions, such as age or sun spots, pigmentation, capillaries and blemishes.

IPL also offers non-invasive treatment for unwanted hair. It is perfect for treating bikini, underarm and facial hair.

Book a free consultation to discuss your needs.

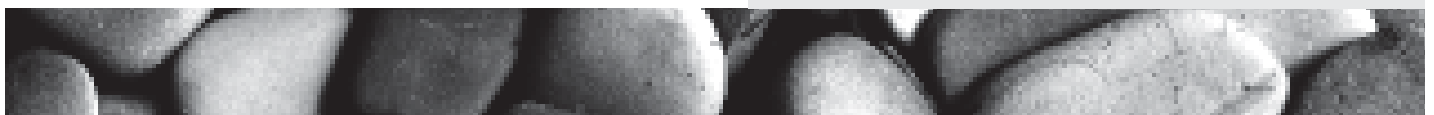
## Body Waxing

The Spa uses a premium wax that is suitable for sensitive skin.

Eyebrow	\$15
Lip or Chin	\$12
Half Arm	\$25
Full Arm	\$29
Underarm	\$17
Bikini Standard	\$25
Bikini Extended	\$30
Bikini G string	\$39
Brazilian	\$49
Half leg (inc knee)	\$25
Upper Leg (inc knee)	\$25
3/4 Leg	\$35
Full Leg	\$45
Lip, chin & sides of face	\$29
Eyebrow, lip & chin	\$35
Men's Back and Chest	\$59
Men's Back and Shoulders	\$49
Men's Stomach	\$25
Men's Full Leg	\$55
Men's Full Arm	\$35
Men's Chest	\$30

## Other Services

Eyelash Extensions	\$115
Refills from \$50.	
Teeth Whitening	\$295
Brighten your teeth and smile in one hour.	
Special Occasion Makeup	\$65
The Spa has experienced make-up artists.	
Tinting	
Eyebrow tint	\$15
Eyelash tint	\$25
Eyelash and eyebrow	\$35
Spray Tan	
Formulated to give you a healthy looking glow.	
Full Body	for \$40
Half Body	for \$30





## **Spa Etiquette**

At The Spa, we will provide a calming and relaxing environment where you can escape even if it's only for 30 minutes.

To ensure that all guests enjoy the tranquility, we ask that you endeavor to keep the noise to a minimum. Out of respect to all clients please use a lowered voice and kindly turn off mobile phones and electronic devices prior to entering.

## **Arrival**

We encourage you to arrive 10 minutes prior to your Appointment to ensure you have time to unwind and complete your consultation form. Please understand if you arrive late, your treatment time may need to be reduced accordingly.

## **Health Considerations**

Some Spa treatments may not be recommended with certain health conditions. It is therefore always recommended that you advise our staff of any health concerns when booking your treatment. You will also be asked to complete a confidential consultation form and your Therapist will discuss any concerns with you.

If you are pregnant please advise us at the time of booking so we can recommend the most suitable treatments for you. If you are in your first trimester of pregnancy, we may not be able to do your requested treatment.

## **Spa Website**

The Spa releases seasonal promotions and newsletters online. You can subscribe to our email newsletter or download a copy at our website:

**[www.thespa.com.au](http://www.thespa.com.au)**



Follow the link from our website to like our Facebook page for updates on The Spa.

Prices effective Nov 2014 and are subject to change.

